# How to Submit a Superbill for Reimbursment



## **Receive Your Superbill**

After your therapy session, we'll provide you with a detailed superbill. This document includes all the necessary information for insurance reimbursement.



#### **Complete a Claim Form**

Download the claim form from your insurance company's website or request one from their customer service.

## **Attach Your Superbill**

Attach the superbill we provided to your completed claim form. Make sure all details match for a smooth process.

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## **Submit Your Claim**

Send your claim form and superbill to your insurance company. This can usually be done via mail, fax, or through their online portal.



# **Follow Up**

Keep track of your submission. If you don't hear back within a few weeks, contact your insurance company to check the status of your claim.

#### **Receive Reimbursement**

Once processed, your insurance company will send you the reimbursement according to your plan's out-of-network benefits.



Feel free to contact us if you have any questions or need assistance with the process. We're here to help!

